

ADHD

w	o	r	k	i	n	g	m	e	m	o	r	y	f
p	r	g	z	p	b	r	a	i	n	t	m	d	o
t	i	m	e	o	d	s	i	m	o	y	c	e	c
a	c	t	a	s	k	t	v	n	g	t	y	r	u
r	i	i	t	m	c	a	u	s	m	n	r	o	s
t	a	t	t	e	n	t	i	o	n	e	e	a	a
f	i	h	y	p	e	r	a	c	t	i	v	e	t
r	p	l	a	n	n	i	n	g	b	t	m	i	i
u	o	e	l	d	n	l	p	j	g	i	s	v	o
s	n	m	c	r	e	a	t	i	v	i	t	y	n
t	i	s	d	i	s	t	r	a	c	t	i	o	n
r	i	t	y	n	t	i	m	u	l	u	s	a	i
a	a	d	a	p	t	e	i	r	n	y	e	c	l
t	k	h	f	o	c	u	s	r	r	e	r	v	p
i	b	h	m	d	n	u	b	a	a	i	u	e	s
o	e	n	e	r	g	y	n	e	e	i	c	x	u
n	x	p	o	t	l	l	e	t	l	r	i	i	e
e	t	u	c	e	x	e	l	m	n	r	m	f	s
v	u	y	e	f	i	s	l	u	p	m	i	m	s
e	c	h	w	c	t	q	s	m	f	i	t	l	e

focus	stimulus	attention	hyperactive	movement	adapt
impulsive	planning	executive	impulsive	frustration	function
time	creativity	distraction	task	working memory	brain